

Mentorship Program Additional Materials



"Guiding Tomorrow's Leaders Today"

Presented by

Jacob Baranowski, Kenidy Stephenson, Erika Kraml,
Elian Martinez, Adepa Owusu-Bio, and Kathryn
Downing

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COUNSELING & GUIDANCE MENTOR AGENDA



TODAY'S TASKS

- Catch up with Mentee
- Brainstorm mental health goals for the semester
- Formulate a plan for achieving these goals
- Discuss mental health resources
- Advise the mentee on healthy coping techniques
- Clarify expectations
- Remind Mentee of next meeting



TODAY'S EVENTS

Today I, *(write your name)*

met with *(write mentor/mentee name)*

for the *(write the topic of the day title)*

on *(write today's date)*

Thank you for successfully completing your mentorship session!



IMPORTANT NOTES & PROGRESS UPDATE

PROFESSIONAL DEVELOPMENT MENTOR AGENDA



TODAY'S TASKS

- Catch up with Mentee
- Brainstorm professional growth and career goals for the semester
- Formulate a plan for achieving these goals
- Discuss areas for professional development
- Provide interview techniques and resume advice
- Clarify expectations
- Remind Mentee of next meeting



TODAY'S EVENTS

Today I, *(write your name)*

_____ met with *(write mentor/mentee name)*

_____ for the *(write the topic of the day title)*

_____ on *(write today's date)*

_____ Thank you for successfully completing your mentorship session!



IMPORTANT NOTES & PROGRESS UPDATE

COMMUNITY OUTREACH MENTOR AGENDA



TODAY'S TASKS

- Catch up with Mentee
- Brainstorm community service goals and plan for semester
- Discuss the goals accomplished so far
- Discuss upcoming community service opportunities
- Check up on required service hours
- Clarify expectations
- Remind Mentee of next meeting



TODAY'S EVENTS

Today I, *(write your name)*

_____ met with *(write mentor/mentee name)*

_____ for the *(write the topic of the day title)*

_____ on *(write today's date)*

_____ Thank you for successfully completing your mentorship session!



IMPORTANT NOTES & PROGRESS UPDATE

LIFE SKILLS MENTOR AGENDA



TODAY'S TASKS

- Catch up with Mentee
- Brainstorm community service goals and plan for semester
- Discuss the goals accomplished so far
- Ask what areas in life they are struggling with currently
- Provide advice/tools to help
- Clarify expectations
- Remind Mentee of next meeting



TODAY'S EVENTS

Today I, *(write your name)*

met with *(write mentor/mentee name)*

for the *(write the topic of the day title)*

on *(write today's date)*

Thank you for successfully completing your mentorship session!



IMPORTANT NOTES & PROGRESS UPDATE

MENTORSHIP EVALUATION SURVEYS

For Mentors

We would like to have your opinion of the mentor program so that we may evaluate and strengthen our program for the future. Please complete the questions below and return the survey to the program coordinator. *(Please circle your response)*

1. How would you rate the mentor program?
excellent very good good poor
2. How would you describe the quality of your experience as a participant in the program?
excellent very good good poor
3. Would you volunteer to serve as a mentor again next year or in the future?
yes possibly not sure no
4. Did the mentor training session help you prepare for your mentoring experience?
yes somewhat not sure no
5. Would you have liked additional training for mentors?
yes maybe probably not no
6. How clearly defined were your mentor responsibilities?
very clear moderately clear a little unclear very unclear
7. The mentor program coordinators were accessible and easy to talk to and seek advice from when necessary.
always somewhat not much never
8. How would you describe your relationship with your mentee?
very good good fair poor
9. Do you think that the time you spent with your mentee was sufficient?
yes almost not really no
10. Do you think that the time you spent together was helpful for your mentee?
yes somewhat not really no
11. Did you gain personally from this relationship?
yes somewhat not much no
12. I would have preferred to meet less often with my mentee.
yes sometimes rarely no
13. I would have preferred to meet more often with my mentee.
Yes sometimes rarely no
14. What was most satisfying about the mentor program?
15. What was least satisfying about the mentor program?
16. What would you suggest to improve the mentor program?

For Mentees

We would like to have your opinion of the mentor program so that we may evaluate and strengthen our program for the future. Please complete the questions below and return the survey to the program coordinator. *(Please circle your response)*

1. How would you rate the mentor program?
excellent very good good poor
2. Did you enjoy being part of this program?
yes somewhat not much no
3. Would you want a mentor next year?
yes probably not really no
4. Did you like your mentor?
yes somewhat not much no
5. Did you think meeting with a mentor was fun?
yes somewhat not really no
6. Would you have liked to meet with your mentor more often?
yes a bit more not much more no
7. Did having a mentor help you do better in school?
yes somewhat not much no
8. Did you learn new things from your mentor?
yes somewhat not much no
9. Did you feel comfortable talking to your mentor about things, either good or bad?
yes somewhat not really no
10. Did you feel comfortable talking to your mentor program coordinator about your experiences, either good or bad?
yes somewhat not really no
11. List some of the activities you did with your mentor:
12. List something (if anything) that you learned from your mentor.
13. What did you like best about the mentor program?
14. What did you not like about the mentor program?
15. What do you think we should change or do differently next year?